

Options

following sexual assault

RVAP

24/7 CRISIS LINE

800.228.1625

Call RVAP. We support all affected by sexual violence. Services are free & confidential.

Medical

Go to ER within 5 days of assault to collect evidence &/or receive STI & pregnancy preventative medications. Services are free.

Legal

If you decide to report, contact police in the city where the assault took place &/or call RVAP for more information.

Academic

You can report or potentially receive academic and safety accommodations from the office that handles sexual misconduct.

Reporting to the institution is separate from legal reporting & an investigation may begin without your consent.



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24-Hour Crisis Lines
319.335.6000 | 800.228.1625

Local County Business Lines
Cedar, Iowa & Johnson: 319.335.6001
Des Moines: 319.541.9554
Henry: 319.541.9809
Lee: 319.541.0963
Washington & Van Buren: 319.541.2059



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Male

Survivors of Sexual Violence



Male Survivors of Sexual Violence

Myths, Facts, & Stats

FACT: Sexual violence occurs when a sex act is committed against someone without that person's freely given consent. Consent cannot be obtained through manipulation, coercion, force, or while under the influence of drug(s) including alcohol. A person of any sex can be victimized & a person of any sex can offend.

MYTH: Males are less traumatized by sexual violence than females

Males share many of the same feelings & reactions with other survivors including guilt, anger, powerlessness, & flashbacks.

MYTH: Being physically aroused means I wanted to be sexually assaulted

It's normal for your body to respond to sexual violence with an involuntary erection, relaxed anus muscles and/or ejaculation. This does not indicate willingness. Consent is given from an emotional place, not a physical reaction.

MYTH: My sexual orientation is defined by the perpetrator's sex & sexual orientation

Your sexual orientation is not defined by the perpetrator's sex or sexual orientation. Sexual violence is about power and control for the perpetrator, not about desire or sexual intimacy. Furthermore, perpetrators often threaten to "out" victims that identify as bisexual or gay.

FACT: RVAP's Promise

RVAP staff & volunteers are committed to providing inclusive, confidential & judgment-free services to all persons affected by sexual violence. We can accompany survivors at the hospital & police station to help ensure survivor voices are heard & needs are met. All services are free and confidential.

1:6

males are sexually abused before age 18

1:5

males are victims of sexual violence in their lifetime (other than rape)

1:33

men are raped in their lifetime