REALIZING RESILIENCE

OPEN DROP-IN GROUP

Wednesdays, 1-2 PM, January 27th-March 9th

Drop-in group for survivors to explore coping skills and resiliency through activities and light discussion.

Open to all genders; all individuals welcome!

For more information contact Mary or Nicole at:
mary-perdomo@uiowa.edu | nicole-ito@uiowa.edu
| 319.335.6001 |

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation or a non-English speaker who requires interpretation in order to participate in this program, please contact RVAP in advance at (319)335-6001.